



Thank you for downloading our **Free CANADA Flag Coaster** embroidery design.

This quick and easy in-the-hoop project is designed to fit the 5x7 hoop and creates a practical coaster or mug rug with a softly waving flag effect and satin stitch edging.

This design stitches out quickly and is a fantastic project for using up fabric scraps while creating a thoughtful, handmade gift or patriotic decoration.

We hope you enjoy stitching your **Canada Flag Coaster!** ❤️



FINISHED SIZE

- 11.8 by 17 cms
- 4.7 by 6.7 inches

MATERIALS FOR COASTER

- 2 layers of water-soluble fabric-type stabiliser
- Matching bobbin thread
- Optional
 - Iron-on interfacing for backing fabric

White fabric	Cut one piece 5 x 8 inch
Red fabric	Cut one piece 3.5 x 4.5 inch
Backing fabric	Cut one piece 5 x 8 inch

STABILISER AND HOOPING

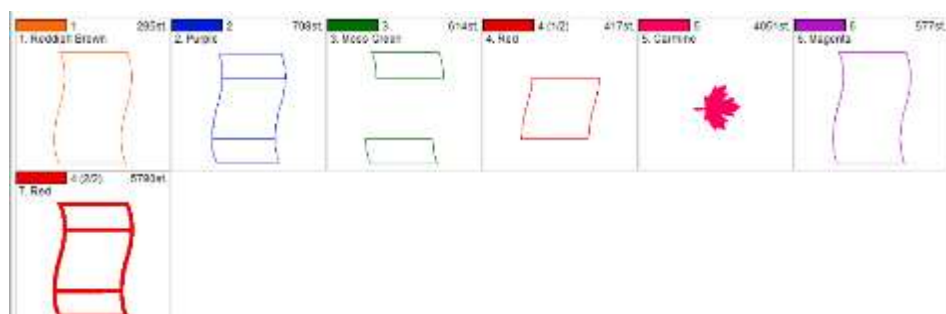


Hoop 2 layers of water-soluble stabiliser

Use pins at the hoop edge to ensure no stabiliser movement

If you are new to this technique
[Click here to watch Kay's hooping video](#)

CONSTRUCTION



STEP ONE – THE FABRIC PLACEMENT LINE



Thread your machine with a neutral colour – I used red throughout

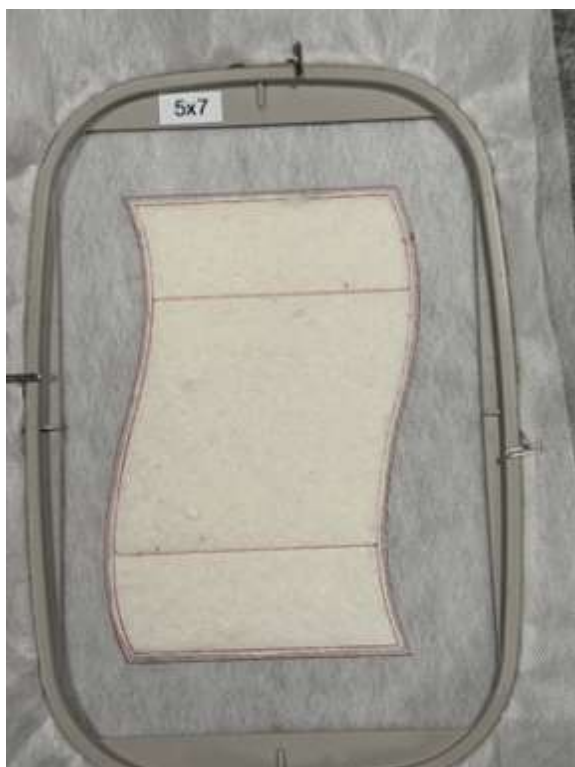
Stitch Colour 1, which is the outline of the flag and shows you where to place your batting

STEP TWO – BATTING



Tape your batting over the guideline

Stitch Colour 2 to attach



Cut away excess batting

There is a gap between the batting and the original outline – this keeps the batting out of the edges

STEP THREE – FABRICS



On the front of the hoop, tape your red fabric over the guidelines

Thread machine with red if you haven't already

Stitch Colour 3 to attach the fabrics



Trim away excess red fabric where you will place your white fabric



On the front of the hoop, tape your white fabric over the guideline

Continue stitching with your red thread

Stitch Colour 4 to attach the fabric



Stitch Colour 5 – the maple leaf (red)

Trim away excess white fabric from the inner area

STEP FOUR– ADD BACKING FABRIC

BACK OF HOOP:

As shown, place the backing fabric over the guideline, with the **wrong** side of the fabric facing the hoop

Use small pieces of tape to hold the fabric in place, making sure the tape sits outside the stitch area





Stitch Colour 6 to attach the backing fabric

Remove hoop from the machine
Trim all excess fabric on the front and back of the hoop



STEP FIVE – COMPLETE EMBROIDERY



Change bobbin thread to match

Stitch Colour 7 to zigzag, then complete satin stitch (red)

STEP SIX – FINISH



Remove the design from the hoop and trim away the excess stabiliser from the edges.

To remove the remaining water-soluble stabiliser along the edges, use a Q-tip (cotton bud) dipped in hot water.

For a completely clean finish, you can either soak the entire design or wash it in the machine. Once dry and pressed, it will look as good as new!

Special Thanks to Flo

I would like to extend a heartfelt thank you to Flo, who completed all the testing and instruction preparation for the Large Applique Canada Gnome and Free Canada Flag Coaster. Her time, expertise, and attention to detail helped make these projects possible, and I am incredibly grateful for her support.

QUICK LINKS

- ✓ Need help? Please email: help@kreativekiwi.com
- ✓ Check out our '[How to' Video Library](#) – we have over 100 step-by-step videos
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